

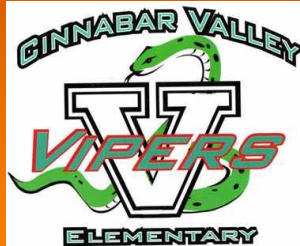
S E P T E M B E R

Cinnabar School News

100 Ohio Way

Nanaimo, BC V9X 1C8

Website: <http://cb.schoolsweb.sd68.bc.ca>



PRINCIPAL'S MESSAGE

Welcome to all our returning students, new students, parents and staff. Cinnabar School staff is proud to be a caring community of learners, and I see that caring, nurturing quality in each and every staff member, even though I've only been here a few weeks. I believe that you and your children will also see it in the teachers' eyes and in their approach to your child. We are here for you and for your child, and we will do everything possible to help your child have the best possible year of learning and growth.

This year we would like to welcome (and welcome back) some new faces to our Cinnabar family: Samantha Hawkins (Gr. 6/7), Natasha Gaucher (prep), Max Szeto (Child and Youth Care worker) and Sarah Marchand (Thursday Secretary). Welcome back Laura Hague (Secretary).

We are excited to have such an enthusiastic, knowledgeable group of new and returning teachers for our students. We work best together as a team (child, family, and teacher) so communication will be very important to us. Teachers will be in constant contact with parents, and if you have any questions or concerns or just want to talk, you can reach me at the school (250-716-1030) or email colette.young@sd68.bc.ca

Sincerely,
Colette Young, Principal

Save the Date!

Please check out all of our celebrations and events on our website:
<https://cb.schoolsweb.sd68.bc.ca/>

September 5 11am -12pm school for Grade 1-7 students
September 6 Full time school begins for Grade 1-7
September 13 Fulltime Kindergarten begins
September 13 PAC Meeting 6:30pm
September 17 Terry Fox Run (tentative date)
September 29 Orange Shirt Day
October 2 National Day for Truth and Reconciliation (No School)

SCHOOL HOURS

Monday - Friday:

8:42 am	Welcome Bell
8:45 am	Morning Instruction Begins
11:45 am	Long Recess – outside
12:20 pm	Welcome Back Bell
1:20 pm -1:35pm	Short Recess – outside
2:25 pm	Classes Dismiss for the Day

Office Hours: 8:00 am – 3:00 pm

Coming Soon



School Calendar

Schools open for students	Tuesday, September 5, 2023
Thanksgiving Day	Monday, October 9, 2023
Professional Development Day	Friday, October 20, 2023
Professional Development Day	Friday, November 3, 2023
Remembrance Day (Observed)	Monday, November 13, 2023
Last day of classes before winter break	Friday, December 22, 2023
Winter break – Schools not in session	December 23 – January 7, 2024
Schools reopen after winter break	Monday, January 8, 2024
Professional Development Day	Monday, February 5, 2024
Professional Development Day	Tuesday, February 6, 2024
Family Day	Monday, February 19, 2024
Last day of classes before spring break	Friday, March 8, 2024
Spring break – Schools not in session	March 9 – March 24, 2024
Schools reopen after spring break	Monday, March 25, 2024
Good Friday	Friday, March 29, 2024
Easter Monday	Monday, April 1, 2024
Professional Development Day	Monday, April 29, 2024
Victoria Day	Monday, May 20, 2024
Curriculum Implementation Day	Thursday, June 27, 2024
Year-end Administrative Day	Friday, June 28, 2024

Our school plans and activities will all be sent electronically through the Parent Memo every 1-2 weeks. This is our major form of communication to you. The monthly newsletter is also posted on our school website.

Virtue of the Month

September Community	October Gratitude	November Respect	December Honesty / Courage	January Perseverance
February Kindness	March Collaboration	April Leadership	May Accountability	June Inclusion / Diversity

"A community is like a big family where we support and care for each other."

This quote highlights the importance of community as a source of mutual support, care, and belonging. It encourages us to see our school or neighborhood as a larger family unit, where people come together to help and look out for each other.

NLPS News

For the latest, up-to-date information regarding our district, check out NLPS News – [Thursday, August 24, 2023](#) and [NLPS News – Thursday, August 31, 2023](#)

Page 1 of 2

BACK TO SCHOOL 2023-2024

School starts in Nanaimo Ladysmith Public Schools for Grades 1 to 12 on Tuesday, September 5 at 11:00 a.m. with dismissal set at 12:00 p.m.

Exceptions are noted below

- Kindergarten** students start school gradually in small groups and for shorter days. Full-day Kindergarten begins Wednesday, September 13. The gradual entry schedule for your child will be sent home from your school over the summer. If you have not received it by the end of August, please contact your child's school.
- Mountain View Elementary** 10:45am start - 11:45am dismissal
- Cedar Secondary** - 11:30am start for Grades 9 - 12 with dismissal at 12:30pm; 1pm start for Grades 8 with dismissal at 3:20pm
- Dover Bay Secondary** - 12:00pm start for Grade 8 with dismissal at 2:00pm; 9:30am start for Grades 9-12 with dismissal at 10:30am
- John Raraby Community Secondary** - 1pm start for Grades 9-12 with dismissal at 12:30pm
- Ladysmith Secondary** - 11am start for Grades 8-12; Grades 9 - 12 dismissal at 12:00pm; dismissal for Grade 8 at 2pm (lunch will be provided for Grade 8 students)
- Learning Alternatives** - 12:00pm start with dismissal at 2pm
- NDSS** - 11am start for Grades 9 - 12 with dismissal at 11:45am; 12:30pm start for Grade 8 with dismissal at 2pm
- Wellington Secondary** - 10am start for Grades 9 - 12 with dismissal at 10:45am; 11:30am start for Grade 8 with dismissal at 2pm
- Detailed bus route information** is available at www.sd68.bc.ca, at your school or the District Transportation Department at 250.741.5214.

Opening day bus schedules

Page 2 of 2

BACK TO SCHOOL 2023-2024

Programs to note

- French Immersion** is available at the following schools:
 - Ecole Hammond Bay (K-7) 250.758.5711
 - Ecole North Oyster (K-7) 250.245.3330
 - Ecole Pauline Haerer (K-7) 250.754.2722
 - Ecole Quarterway (K-7) 250.754.6845
 - Ecole Ladysmith Sec. (8-12) 250.245.3043
 - Ecole NDSS (8-12) 250.740.2000
- Learning Alternatives (VAST)** Please email Principal Brett Hancock at bhancock@sd68.bc.ca for registration.
- Career Technical Centre** Please call for more information about the program 250.754.2447.
- Island Connected (K-12)** Located at 4355 Jinglepot Road, Nanaimo. Register online.

If your child has First Nations, Inuit or Métis ancestry, please ensure that you indicate this when registering for school. The Ministry of Education provides additional funding for school districts to support district-wide Indigenous Education. For more information call 250.741.5318.

Parents of new English as a Second Language students should [register online](#).

Parents of new students with diverse abilities should [register online](#). Support services will be arranged in consultation with the Department of Learning Services. Nanaimo Ladysmith Public Schools accepts fee-paying international students. Call 250.751.0397 for more information.

Parents of preschool-aged children are encouraged to attend StrongStart Early Learning Centres. To find out locations and times visit www.sd68.bc.ca, under Schools / StrongStart.

Need more information?
Call a school or the School District Administration Centre at 250.754.5521. District information is also available at sd68.bc.ca.

School start-up
Students not previously registered are asked to [register online](#). The Central Registration Office will confirm your child's placement. The start-up process takes some time and classes may not be finalized until several days after the start of the term. Thanks for your understanding and cooperation.

Scent Free/Nut Aware

Just a reminder that we are a scent free and nut aware school. We have staff members who are allergic and sensitive to scents and nuts so please be respectful and refrain from wearing perfume, colognes, or strong scents and from bringing nuts to school.

Drop-off / Pick-up

Please plan to drop your child(ren) off and pick them up *as close to the bell as possible* to minimize traffic on the school grounds. Cinnabar staff will dismiss students at 2:25 pm each day so please make sure to arrange a safe pick-up plan with your child.

Parents/Visitors to our Building:

Parents and visitors are welcome to set up an appointment to speak with staff, if needed. To schedule your appointment, please get in touch with the office at 250-716-1030 or reach out via email to the office or your child's teacher directly. Maintaining open lines of communication is our priority, and we welcome your inquiries.

Regional District Fall Programs

Regional projects and initiatives that **MATTER TO YOU**

Get Involved RDN!

Your input enriches decision-making to help shape our community.

Sign up, get involved and join the conversation.

We want to hear from you.

Learn more and provide input on:

- parks
- transit
- water
- curbside collection
- public safety
- budgets
- recreation
- community development

WE ARE LISTENING
Visit getinvolved.rdn.ca

REGIONAL DISTRICT OF NANAIMO

**ELECTORAL AREA A
PARKS, RECREATION
AND CULTURE**

For details, visit rdn.bc.ca/area-a-recreation or call 250-268-7354

FALL PROGRAMS 2023

South Wellington After School Gym 5-12yrs
Get the sillies out after school with active free play and games with our leaders.
We Sep 13-Dec 20 3-4:45pm \$5/day
Cranberry Community Fire Hall
Note: Children may ride the bus to the program where leaders will greet and walk them safely into the hall.

Pro D Day Camp 6-12yrs
Fr Oct 20 8:30am-4pm \$40/1 Cedar Heritage Centre
Fr Nov 3 8:30am-4pm \$40/1 Cedar Elementary
*Children 5 years old registered in Kindergarten may register by phone.

Walk Through Time FREE
A leisure walk to connect with your neighbours of all ages.
Mo Oct 23 3-4pm Morden Colliery Regional Trail
Mo Nov 20 3-4:30pm Nanaimo River Regional Park

There are 3 ways to register for programs

1. Online at rdn.bc.ca/area-a-recreation
2. By phone at 250-268-7354
3. In-person at Cedar Heritage Centre by appointment



CHILDREN

1, 2, 3 Play with Me 2-5yrs
2-3 yrs Sa Oct 7-Nov 4 9-9:45am \$25/5
4-5 yrs Sa Oct 7-Nov 4 9:45-10:30am \$25/5
Cranberry Community Fire Hall

Basketball 9-12yrs
We Oct 4-25 4:45-5:45pm \$20/4
Cranberry Community Fire Hall

Floor Hockey 9-12yrs
We Nov 1-29 4:45-5:45pm \$25/5
Cranberry Community Fire Hall

Cedar Creators 5-8yrs
Th Oct 5-26 4:30-6pm \$28/4
Cedar Heritage Centre

LEGO® Club 9-12yrs
Sa-Su Oct 14-15 9:30am-1:30pm \$35/5
Cedar Heritage Centre

YOUTH

Home Alone 10-13yrs
Sa Sep 23 9:30am-12pm \$45/1
Cedar Heritage Centre

Babysitter Training Course 12-18yrs
Sa-Su Oct 14-15 9:30am-1:30pm \$65/2
Cedar Heritage Centre

Youth Social 13-17yrs
Mo Sep 18-Dec 18 2:30-4:30pm FREE
Cedar Heritage Centre

StoryWalk® Oct 2-16

Visit Morden Colliery Regional Trail to read a story while exploring nature on a walk.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with Kellogg-Hubbard Library. StoryWalk® is a registered service mark owned by Ms. Ferguson.



Cedar Road Trailhead,
1840 Cedar Road,
Nanaimo

ADULT/FAMILY

Family Active League 5yrs+
Fr Nov 3-24 6-7:30 pm \$50 per family/4
Cedar Elementary

Power Hour 16yrs+
We Sep 6-27 10:30-11:30am \$48/4
We Oct 4-25 10:30-11:30am \$48/4
We Nov 1-29 10:30-11:30am \$60/5
We Dec 6-20 10:30-11:30am \$36/3
Cedar Heritage Centre

PICKLEBALL

Cedar Pickleball 16yrs+
Recreational play for all skill levels.
Tu Sep 12-Dec 19 1-3pm \$5/day
Th Sep 14-Dec 21 9-11am \$5/day
Cedar Community Hall

South Wellington Pickleball 16yrs+
Recreational play for all skill levels.
We Oct 4-Nov 29 6-7:30pm \$5/day
Cranberry Community Fire Hall

Pickleball Net Rentals

Net rentals available for play at a location of your choice. Weekends only, renter is responsible for indoor facility booking.
1 net and court markers - \$10 per day plus \$300 refundable deposit. Pick up Friday/Drop off Monday.
Call 250-268-7354 for more information.

Instructors Wanted

Do you have a program or workshop you'd like to offer? We'd love to hear about it.

RDN Recreation and Parks is seeking contract instructors for a variety of recreation programs including:

- Fitness and wellness
- Sports
- Arts and crafts
- Special interest
- Outdoor programs



Submit a program proposal today at rdn.bc.ca/ea-program-proposal

10X Pickleball passes available for drop in play.

PAC News

If you enjoy working together with other enthusiastic people, please consider becoming involved in our Parent Advisory Council. They make an important difference to your children by providing opportunities the school is not able to do on its own. Please consider being involved in your child's (children's) school. We'd love to see you there!!

Message from PAC: Welcome to another year at our amazing school. For all of the new families that are joining our school we have a Facebook Page which will keep you up to date on what's happening at the school such as events, spirit days and other pertinent information so please join, it's called: **Cinnabar Valley PAC Group**. Our **first PAC Meeting will be on Wednesday, Sept. 14th @ 6:30pm** – this will be an in-person meeting and PAC will always post information details prior to the meeting.

Country Grocer

Remember to collect your Country Grocer receipts and send them in to the school. We receive 1% of the totals and use this money for food for events and our ever-popular popsicle sales. Another place we make some money for the school is at Cobb's Bread. When you shop there, please let them know that you are with Cinnabar Valley Elementary School as they add up how much customers spent from our school and we receive a % of the total amount.

Terry Fox Run

Our annual Terry Fox run will be held on September 22 (**tentative date**). All pledge money raised goes directly to the Terry Fox Foundation. Classes will be completing the run and pledge sheets will be provided online. More information to follow.

School Supplies

All supplies have been purchased by the school. Once students are in their designated class, families can purchase supplies through KEV. The cost per child is \$50 dollars which includes all classroom supplies (\$42) and a planner (\$8). All payments can be made online using the KEV online payment system in September. Please do not send cash with your child. More information about KEV will be shared in September.

Student Planners

There is always so much information to communicate in the opening days. **Please be sure to read your child's planner pages as there is necessary and important information in it.** We encourage you to read both our **Code of Conduct, Student/Parent Handbook** and **School Goals** on our Cinnabar Valley School website. Your questions and/or comments are always welcome.



Kindergarten

Welcome to all of our new kindergarten students and families. We are looking forward to building wonderful relationships with all of you. 😊 Please refer to the email sent from the kindergarten teachers as to gradual entry schedule. If you have not received this schedule, please contact the office.

Emergency Preparedness

SD 68 is committed to promoting Safe Schools for all students and staff. Part of that commitment is ensuring staff and students are trained and prepared to respond to any threat, minor or serious, to our school population. SD 68 staff periodically conduct 'practice drills' to simulate effective responses to potential safety threats. These drills are similar to our fire and earthquake drills with an added focus on staying safe within the school building. Should you arrive at your child's school during such a practice, please follow instructions that will be posted at the entrance to the school. If you need to reach your child or child's teacher, please contact the office. Children's safety is our first priority.



NLPS Emergency Procedures

sd68.bc.ca



Evacuate

Used to move people out of the school when a hazard exists inside.

- Direct students and other staff to exit the school via the shortest safe route.
- Report to and assemble outside at the designated assembly site.

Principal or designate will determine next steps



Lockdown

Used in response to an armed or dangerous assailant WITHIN the school.

- Gather people in your vicinity into a secure room – do this quickly.
- Close and secure doors.
- Turn off lights, be quiet, get down low/behind heavy furniture – GET OUT OF SIGHT.
- Silence all cell phones and ask they be placed face down on floor
- Alert other occupants by any means available and/or call 911 – only if safe to do so.
- OR LEAVE SAFE – if no secure area is available and a safe exit is, then quickly leave the area/school. Report to the designated assembly area and await instructions.
- Normal activities in the school cease. Await police response.



Drop Cover & Hold On

Used in the event of an earthquake, explosion or any other event that shakes the school.

- Quickly move away from obvious hazards.
- Drop – low to the ground.
- Cover – take cover under a sturdy table, desks, furniture or other large sturdy items.
- Hold On – to the furniture you are under and stay there until shaking stops.
- After the shaking stops, wait 60 seconds and then evacuate via the shortest route.
- Report to and assemble outside at the designated assembly site.
- Principal or designate will determine next steps.



Hold & Secure

Used if there is a security concern in the neighborhood.

- Bring everyone into the school and remain inside. Secure exterior doors.
- Close exterior window blinds/drapes (if available).
- No one may enter or exit the school during Hold & Secure.
- Typically normal activities continue WITHIN the school.



Shelter in Place

Used if an environmental hazard may impact the school.

- Bring everyone into the school and remain indoors.
- Secure exterior doors and windows.
- Exterior windows are closed and secured with blinds/drapes closed.
- All ventilation systems are turned off (when deemed necessary).
- Principal will monitor access to the school.
- Typically normal activities continue WITHIN the school.



Room Clear

Used to move people away from a hazard contained in one room/area.

- Direct students to leave the room/area and report to designated area (Ex. school library).
- Summon assistance as needed and appropriate (Ex. Call First Aid Attendant, Principal, Vice-Principal, 911).

Staff should remain to manage the situation arising or exit the room if unsafe.

School Drills

DROP, COVER AND HOLD ON

- 2 drills/year
- Great BC Shakeout

FIRE

- 6 fire drills/year
- 3/semester fall and spring

Note: Actual alarms and false alarms count as drills

SHELTER IN PLACE AND HOLD & SECURE

- 1 review of procedure/year; process of securing school exterior is to be rehearsed by principal/VP and staff only

LOCK DOWN

- 3 drills/year; 1 staff only (optional);
- 2 with staff and students

Lunches, Messages, Etc...

The time we have with your children for teaching and learning is precious and must be protected. Each interruption affects the flow of a lesson and the creative thinking of students, and it can be a challenge to re-establish that flow. If you need to speak with your child or teacher and/or drop off items, please check in at the office and we will be able to assist you. It is also helpful if you send a note in your child's planner if there is something your child's teacher needs to know (appointment, early pickup, etc.) or leave a message with the office staff. Thank you for understanding.

Lunch

Please consider sending reusable juice containers to school with your child/children. This will lessen our recycling and reduce our garbage. It is an environmentally friendly alternative that will help us, too and it is aligns with our NLPS Goals-To be a leader in environment stewardship and sustainability.

parent emails

Please let us know your email so that we can email important newsletters and notices. We are trying our best to save the environment and go paperless. If you need a paper copy of newsletters, please let us know. You can also find the newsletters on our website. <https://cb.schools.sd68.bc.ca/>

Verification Forms/eConsent

For your information, **Verification Forms/ eConsent Forms** will be sent home electronically the second week of school. Please check with the person you are using as an emergency contact so they know they may be called. This information is **absolutely critical** to have **as soon as possible**. Thank you.

Criminal Record Check

Please consider having a Criminal Record Check done at the start of the year, if you haven't already done so. Thank you to the parents who have. A CRC does not expire for 5 years and allows you to participate in all activities inside and outside the school with our students. **We desperately need parent helpers at events (once safe to do so) and it is a challenge when CRC have not been done.** This is a district mandated step that must be taken in order to become involved in any way in the school.

Online application: <https://justice.gov.bc.ca/eCRC/home.htm>

Access Code/ID Number: UQ4T7XXBHE

Phone (toll free): 1-855-587-0185

Fax: 250-953-0408

Email: criminalrecords@gov.bc.ca

Driver Volunteer Form

If you wish to help drive students for field trips (once safe to do so), you will need to fill out a **Driver Volunteer Form** as well. Please contact the office for a form if you are interested.

Safety Msg. From the RCMP

Keeping our kids safe is everyone's responsibility. Read up on some practical [back to school safety tips](#)

We look forward to a year of learning, successes, and great experiences. ☺
See you on Tuesday!! **Returning students will go to their previous year class and new students will be welcomed at the front doors.**

Sincerely,
Colette Young and all Cinnabar Staff