

Cinnabar School News

100 Ohio Way

Nanaimo, BC V9X 1C8

Website: <http://cb.schoolsweb.sd68.bc.ca>

Dear Families,

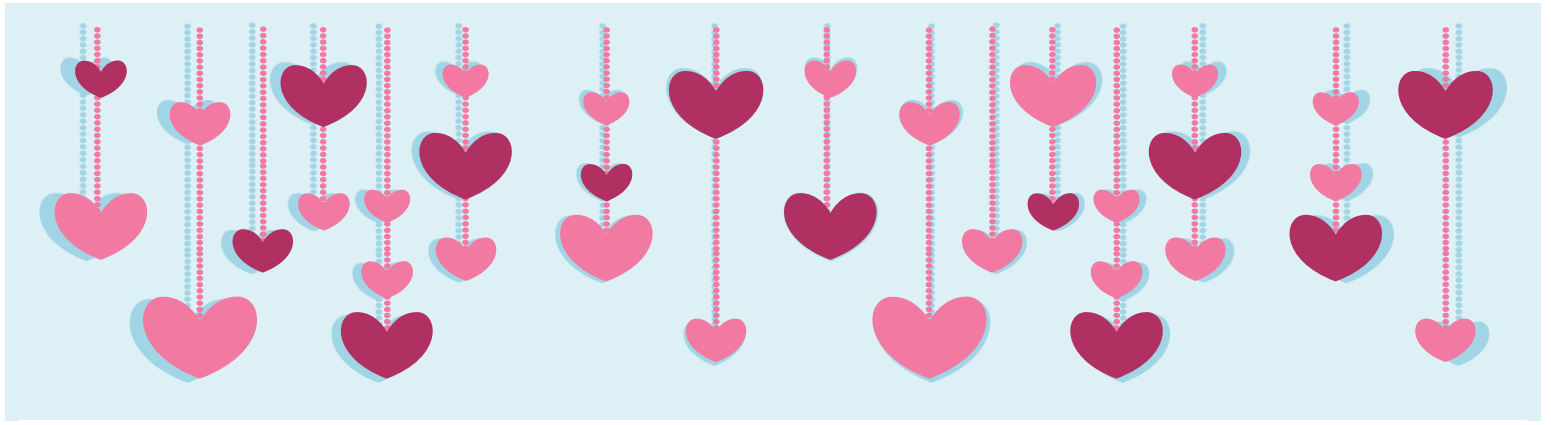
February is already here and it will be another great and busy month for Cinnabar. Please see the upcoming events and important dates below.

Administrators and teachers everywhere recognize the important contributions parents make toward a child's success in school. There is no question about it - success at school begins at home. Parents are the single most important variable in a child's schooling. One of the most important components of a good school is the partnership between the school and parents who work together for the best interest of children. The close partnership between home and school is one of the exceptional strengths at Cinnabar. Thank you.

On Feb. 11th progress reports will be sent home. We encourage you to check in with teachers on your child's progress. Your continued involvement is a wonderful asset in our partnership to provide the best possible education for all students.

Thank you.
Mrs. Young

| February | Acts of Kindness Month | Please check out all of our celebrations and events on our website: https://cb.schoolsweb.sd68.bc.ca/ |
|--------------|-----------------------------|---|
| February 7/8 | Pro-D Days- No School | |
| February 11 | Report Cards Go Home | |
| February 14 | Happy Valentine's Day | |
| February 15 | PAC Meeting | |
| February 21 | Family Day- No School | |
| February 23 | PINK SHIRT DAY | |



Reporting information for parents

SD 68 has created a “Reporting Video for Parents” that will be available on the school district website. Click on “Reporting Information for Families” to view the video or see the link below.

<https://www.sd68.bc.ca/student-progress-reporting/>

Anti-Bullying Day- February 23

All across B.C. the Anti-Bullying Pink Shirt Day will be observed on Wednesday, February 23.

Everyone is urged to show their support to promote anti-bullying by wearing pink. For more information about Pink Shirt Day visit <http://www.pinkshirtday.ca/> or ask your student’s classroom teacher about the activity the class has planned. Thank you to our teachers and counsellors for their involvement in helping us to deliver this important message to our students.

Erase Bullying Resource

The Ministry of Education in conjunction with School Districts across the province have developed and implemented an online student and parent resource about how to report bullying incidents. Please visit www.erasebullying.ca for more information.

Code of Conduct

If you haven’t had the opportunity to review our school Code of Conduct, it can be found on our website at <https://cb.schools.sd68.bc.ca/>

Student Learning Survey (Grade 4/7 parents)

Please complete the Student Learning Survey for Cinnabar. The information you provide is collected by the Ministry of Education in accordance with the Freedom of Information and Protection of Privacy Act (FOIPPA, BC) sections 26 (c) and (e), and will be used to assess the effectiveness of educational programs, to improve educational program delivery, and to report on student performance and achievements toward system goals such as Human and Social Development and Career Development. Electronic surveying is available until April 30, 2022. For direct access use the following website: www.bced.gov.bc.ca/sat_survey/access.htm

Parents may access the survey through the **Parent Direct Access** from the website listed above by selecting their child’s district, school’s name and language of preference.

Winter edition of [ConnectEd](#), the digital magazine for families of Nanaimo Ladysmith Public Schools is now available. Videos and articles include:

- What’s happening in the Energy Department
- Busy at Brechin Elementary
- Graduation Rates Rise in the Midst of a Global Pandemic
- Together as One – Bayview Elementary
- Inclusion in Nanaimo
- Learning with Syeyutsus and more...

Student Registration

Registration is in full swing for the **2022-2023 school year**. Central registration has started the process of pre-registering kindergarten to grade 12 students for September 2022. At this time all incoming K-12 students will be registered at their catchment schools.

Important Registration dates:

- Jan 31 - registration deadline for Kindergarten and French Immersion lottery
- March 1 – registration deadline for District Secondary Academies
- March 31 – out of catchment applications are due
- June 15 – registration deadline for guaranteed placement at your catchment school

Sexual Health

Just a reminder, in order to address important personal health (PHE) learning outcomes, your child will be receiving lessons about their personal safety and their bodies. We call it 'Body Science' and 'Personal/Sexual Health'. These lessons include the topics of body awareness, boundaries, personal safety, interpersonal skills, healthy relationships, and development. Unless you have been informed otherwise, this curriculum will be delivered by your child's teacher, or other school district educator. In some cases, part of curriculum may be supplemented by an outside provider. For parent resources that will help you continue the conversation at home please check out the district sexual health site: <https://sexual-education.sd68.bc.ca>

Public Health Guidance

Managing symptoms and daily health check - as of January 21, 2022.

- BCCDC has updated guidance for [when to get a COVID-19 test](#) and [self-isolation](#).
- Please see an updated tool: [Daily Health Check & What to Do When Sick](#)

MONTHLY HULQUMINUM WORD

We acknowledge each day that we live, work, learn and play on the unceded and traditional territories of the Snuneymuw (se-nae-mo) people and for that we are grateful. Each month I'd like to share one **Hulquminum** word as one way to work on our goal of truth and reconciliation.

<https://express.adobe.com/page/zYtW6p9yKo265/>

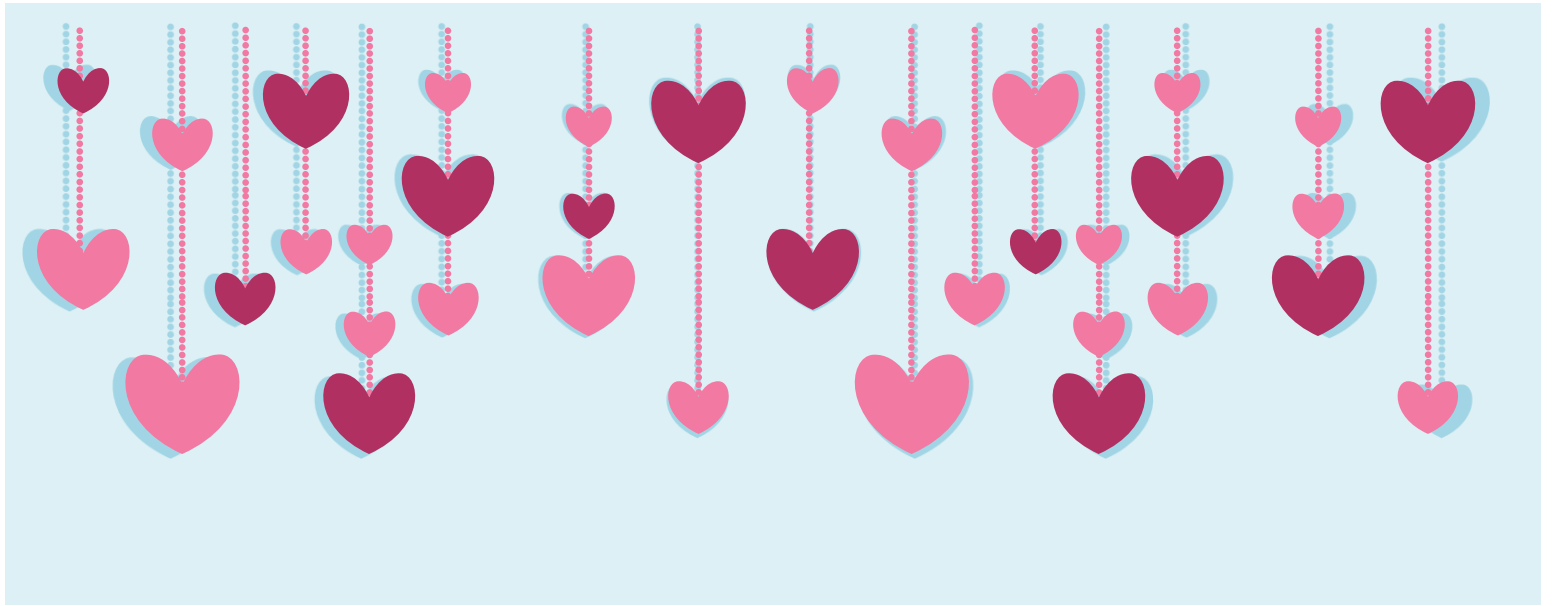
SOCIAL EMOTIONAL LEARNING AND OUR VALUE FOR THIS MONTH: Kindness

What are the values of kindness?

Kindness is being friendly, generous and considerate to others and yourself. Being kind often requires courage and strength, as it involves the willingness to celebrate and give attention to someone else. Being kind is doing intentional, voluntary acts of kindness not only when it's easy to be kind, but when it's hard to be. Kindness can mean different things to different people.

The meaning is in how YOU choose to show it. Be it through empathy, acceptance, kind gestures, thoughtfulness, the possibilities are entirely up to you. Kindness might look like being helpful or showing empathy. It may mean doing nice things without expecting nice things in return. Let's choose to be kind to everyone, not only the month but each day.

Remember kindness spreads.



February- Acts of Kindness

Help a Child Learn

When you look back at your own childhood, you can probably name several key people who taught you some of the most important things you know today. You too, can be an influential force in a child's life by spending time helping him or her to learn. You can help a child master a subject he or she is struggling with in school, teach him or her to play a sport or learn another skill. There are huge benefits for children who don't have an influential adult in their lives. Just being a small part of their lives could make a huge difference. Helping a child learn is also a great way to teach him or her to help others. Being able to see someone learn because of the effort you've put into teaching them can be an extremely rewarding experience for you.

Step It Up

Find an after-school program in your community where you can volunteer to help children with their homework or volunteer as a sports coach at a local school or recreation center.

Keep It Simple

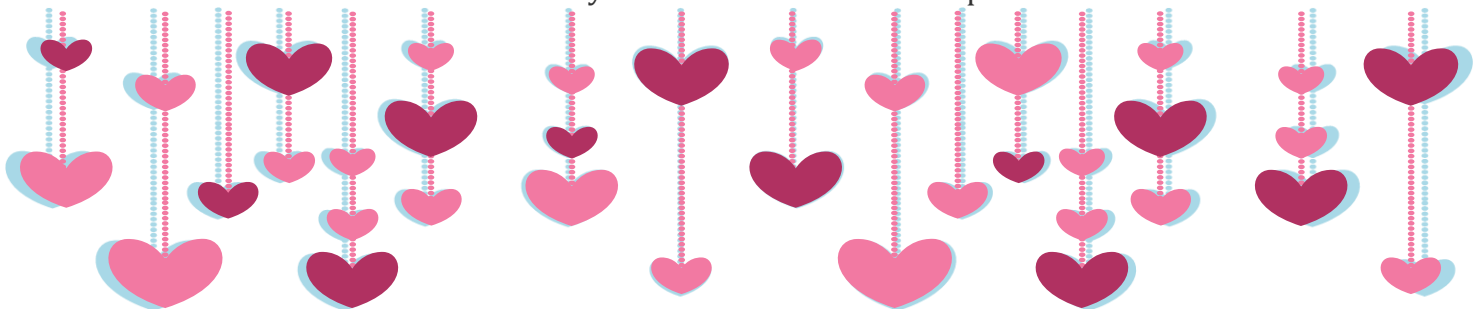
If you're a parent, simply find the time to help your own children learn, whether it is assisting them with homework or teaching them the values that are important to you.

Related Resources

Here are some great resources that will help you understand the learning process children go through:

The Global Development Resource Center, Literacynet.org

The Best Ways to Teach Kids to Read - Oprah.com



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