

# April 2021

Virtue of the Month is:





## Principal's Message:

It is hard to believe that we are already halfway through April. Our students returned from Spring Break with a positive mindset. The power of positivity is immense, and we are encouraging our students to actively adopt optimism, resilience, gratitude and mindfulness. Research tells us that the social emotional climate of a classroom can influence cognitive development in students and that when schools offer students programs in Social Emotional Learning (SEL), their achievement scores gain around 11 percentage points. – Daniel Goleman

At Cinnabar Valley we have worked hard this year to integrate SEL programs school wide. Some of the programs in the Primary grades include: "Zones of Regulation", WITS (walk away, Ignore, Talk it out, seek help) as well as "Superflex." These programs help students learn strategies and practice skills to improve their self-regulation and flexible thinking. Our intermediate students have been learning about the importance of Mindfulness, and Perspective taking. Friendship groups and circles are also a way to develop a person's ability to consider a situation from a different lens. We know that students who learn SEL skills are able to more effectively regulate their emotions and thinking, which allows them to solve problems more effectively. SEL programs also create emotionally healthy classrooms and schools where students are able to take risks in their learning and emotional development.

Now that the weather is starting to warm up, teachers are hoping to get their classes outside for nature walks and outside fieldtrips. Our Grade 7 students look forward to planning their Year-End Celebrations by following guidelines that allow for joy and optimism as well as safety. Thinking, speaking and acting positively will help us all to develop a positive attitude in our "Covid-pandemic" healing journey.

Thank you to our amazing Grade 7 leaders for their amazing leadership on our Daily Morning Announcements. This month they bring us messages on the virtue of Respect.

Mrs. Chatton

#### What is Respect?

Respect is an attitude of caring about people and treating them with dignity. Respect is valuing ourselves and others. We show respect by speaking and acting with courtesy. When we are respectful, we treat others as we want to be treated. Respect includes honoring the rules of our family or school.

Thank you to our Cinnabar Community for respecting the process and helping us to continue to do our part putting safety measures in place to help create a safe school.

#### INFORMATION RE: CLASS PLACEMENT

As you can imagine, we are already beginning the process of planning for the next school year. During this important process, we are keeping the students' well-being foremost in our minds. It is important you trust the school team to build classes, which suit both the students' academic and social needs. We make up each class list in a way that maximizes the quality of teaching and learning conditions for all students. The decision for placement is based on many factors, such as: balancing learning abilities, learning styles, levels of independence, social/emotional maturity, and maximizing the positive learning environment for the whole class. The classroom composition for each grade must reflect the acceptance of all individuals within an inclusive school as we attempt to provide appropriate educational programming to all children. If you have specific educational information, that you would like us to consider about your child, me (in writing) as soon as possible, but **no later than (May 15th)**. We do consider this request, along with all other pertinent information provided by classroom teachers and support staff. Please note that your request will be considered, **however we cannot guarantee it will be honored**. In addition, please know that teachers often change schools and grade groupings are dependent on our enrollment numbers each year. With this in mind, <u>please describe optimal learning environments for your child, without referring to specific teachers</u>. <u>We are not able to take requests for individual teachers</u>.

## PAC NEWS:

Thank you to our amazing PAC for supplying the school with a new laminator. The PAC has also supported the school by purchasing folding tables and two tents to take learning outside. Many teachers are taking this opportunity to support outdoor Science and STEM (science, technology, engineering, and mathematics) activities.





## Library News:



Let's continue to spread the love of reading!

With the help of community members, families, staff, students, administration and our PAC members, word spread about our first online book fair. It was a huge success! **Over the course of 2 weeks, we sold over 227 books!** 

Our school library has earned <u>\$446.85</u> in Book Fair Rewards, which translates into a lot of new books and resources for the school! Thank you, Cinnabar Valley Community; we appreciate your support and generosity! We cannot do this kind of fundraising without you.

## Happy reading to all and thank you again, Sara Stone, Cinnabar Valley Elementary Teacher-Librarian. ③

## Important Dates to Note:

April 22<sup>nd</sup> Earth Day May 7<sup>th</sup> Professional Development (No School) May 9<sup>th</sup> – Mother's Day May 18<sup>th</sup> – School "class photos" (outside) May 19<sup>th</sup> – Welcome to Kindergarten May 24<sup>th</sup> - Victoria Day (Students do not attend)

## Have your child check out the lost and found for their misplaced clothing!

"If you need a bit of perspective, climb a tree."



## Mrs. Smith - Grades 2's



## Mr. Klan - Grade 6/7's



#### ARE YOU MOVING IN OR OUT OF THE AREA?

If you are moving (and your child in changing schools) please advise the office as soon as possible. Your co-operation greatly assists us in determining our numbers and school organization for the upcoming school year.

Mrs. Patton and Ms. Miller Division 11 "Student working on Recycling Project".











## **District Information:**

Children up to 6 years old and their families are invited to a FREE virtual Healthy Start Fair on Thursday, May 13 from 10-11am.

Registration is required. Register early for a chance to win a grocery gift card.



Email NanaimoEarlyYears@Telus.net



🖕 If your child will be turning five years old before December 31, 2021, it's time to register for Kindergarten.

🗲 Online registration will begin on Wednesday, January 6, 2021 @ 8:00 a.m.

Registration is online only at: www.sd68.bc.ca/students-parents/registration-information Questions: ereg@sd68.bc.ca



two-year intensive program offered to students who have successfuly completed Grade 5.

SPACE STILL AVAILABLE SEPTEMBER 2021 The program is offered at École Quarterway Elementary.



Registration is accepted through the Online Central Registration process.

