



# CINNABAR VALLEY ELEMENTARY SCHOOL

Ms. Diane Charles, Principal  
Ms. Leah Pearson, Secretary

1800 Richardson Road  
Nanaimo, BC V9X1C9  
Phone: 250-716-1030

September 11, 2015

## Principal's Message

I am feeling extremely fortunate to have joined this wonderful community at Cinnabar Valley. The welcome I have felt from the community, the staff and the students has been amazing! Thank you so much!

Thank you as well for your patience as we have worked through our organizational needs for the school. We have now moved the students into divisions. The process of creating class lists is one that is taken very seriously. Staff work as a team to make the best possible placements for students given the available options. Parent requests are accommodated when possible and when the reasons for the request are based on educational needs. Our kindergarten students are continuing their gradual entry to school and the final class placements will be determined early next week.

I look forward to working with you as the year goes on. Please do not hesitate to call, email or come and see me if you have any questions, concerns, or if you would just like me to know who you are! I will do my best to remember names (not my forte but I do try!) and I am honestly excited to get to know everyone.

Regards,  
Diane Charles



### CINNABAR VALLEY ELEMENTARY SCHOOL STAFF - 2015-2016

Div 1 - Suzanne Dodd - Kindergarten  
Div 2 - Jaime Skarbo - Kindergarten  
Div 3 - Kimberly Collins - Gr. 1  
Div 4 - Thea Miscavish - Gr. 1/2  
Div 5 - Lance Hornby - Gr. 2  
Div 6 - Susan Mullett - Gr. 3  
Div 7 - Nicole Quigg - Gr. 3/4  
Div 8 - Melissa Kristiansen - Gr. 4  
Div 9 - Clint O'Hara - Gr. 5  
Div 10 - Virginia Burns - Gr. 6  
Div 11 - Dean Chadwick - Gr. 6/7  
Student Support - Rod Huneault and Ruth Irving  
Music - Debbie Dixon  
Library - Heather Lyons  
Counselor - Brent McEachon (Wednesdays)  
SLP - Lisa Dymond  
School Psychologist - Christine Walterhouse  
EA and Noon Hour - Kim Van Straten  
EA and Noon Hour - Leona Davey  
EA and Noon Hour - Judy Holt  
Aboriginal EA - Emily Mack  
CYFSW - Sandy Walsh  
Custodians - Bob Grinnell and Dale Brandback

## CINNABAR VALLEY IS ALLERGY AWARE SCHOOL



### **Anaphylaxis and Peanut / Kiwi / Shellfish / Gerbil Allergies**

Anaphylaxis is a severe allergic reaction that can become life threatening, causing airways to close, swelling, numbness, etc. and can lead to a coma and/or death if not immediately treated. Anaphylaxis is usually brought on by insect bites, exposure to peanuts, tree nuts, dairy products, and latex, as well as shellfish and kiwi fruit. An anaphylactic reaction can be tempered by the immediate injection of adrenalin in the form of an Epipen.

We would like to ensure that Cinnabar Valley School is a safe place for everyone. We know that peanut butter and peanut products are a favourite snack or lunch items. We ask that parents / guardians are careful when sending food products to school and that you do not send or bring any products containing peanuts to school. We appreciate your assistance in this serious matter.

### **Important Dates for your Calendars**

**Tuesday Sept 15- PAC Meeting @ 6:30**  
**Thursday September 24 - Open House @ 6:30**  
**Thursday September 24 - Book Fair**  
**Friday September 25 & Tuesday September 29 - Book Fair**  
**Monday Sept -28 - Professional Day - Schools not in session**  
**Wednesday Sept 30 - Terry Fox School Run and Pancake Breakfast**  
**Monday Oct 12 - Thanksgiving Day - Enjoy your holiday!**  
**Tuesday Oct 13 - School Photo Day**  
**Monday Oct 19-Thursday Oct 22 - Parent/Teacher Interviews (Tentative Dates)**  
**Friday Oct 24 - Provincial Professional Day - Schools Closed**  
**Tuesday Oct 27 - Cross Country Zone Meet**  
**Wednesday Oct 28 - Rock the Arts Fine Arts Performance - 1:35 PM**



### **New School Hours**

We are getting used to our new school hours this year! Please note the following:

**Monday - 8:45 Welcome**

10:15 Recess

11:45 Long Recess

12:20 Return to classes

**1:37 Dismissal**

**Tuesday to Friday - 8:45 Welcome**

11:45 Long Recess

12:20 Return to Class

1:20 Recess

1:35 Classes resume

**2:37 Dismissal**

Eating occurs during instructional time. We will be working on determining the best time to eat - before or after the long recess break or a combination thereof - over the next few weeks. We would appreciate any feedback you have on the eating time.

As was shared in the Spring, all schools in the Nanaimo Ladysmith Public Schools have the same lunch hour, and all have an early dismissal on Mondays to accommodate the Professional Learning time.

### **CINNIBAR VALLEY SCHOOL SPORTS**

We are entering into the first of the team sports for the year and are looking for a coach! If you are interested in coaching a Boys Football team please let Ms. Charles know as soon as possible. Mrs. Kristiansen has volunteered to coach the Bantam Girls team and Mr. Huneault will be our ref.

### **PAC COMMUNITY BOARD**

Please come in and visit the PAC Community Board - There are many community activities and class information posted here. Eg. World Taekwondo Academy, starting Sept 17<sup>th</sup> in the school gym - Please call Master Kim for more information 250 760-0119

## PAC MEETING - TUESDAY!

Our first PAC meeting of the year will be Tuesday, September 15 at 6:30. Snacks and child minding are always available at these meetings. I encourage parents and caregivers to attend these meeting to find out what is going on at the school and to get involved, in some way, in the school community. I had the pleasure of attending the last meeting in June and look forward to working with an extremely dedicated group of parents!

## CONNECTING WITH THE SCHOOL

If you are in need of leaving a message for your child during the school day please use the school phone. While many students have personal cell phones they are asked to turn them off and store them safely in their backpack during the school day.

- Did you know that the Nanaimo Ladysmith Public Schools District has a mobile app? To make sure you receive the most up-to-date notifications from our school or from the district, download the app on your [Apple](#) or [Android](#) device.

## PAINTING

If you have been around the school you will have noticed the new paint. Going from 7 colours to 4 is somewhat new for the school yet the new colour scheme will be much easier to maintain. What stands out already is the school name - bold and clear! Thank you for respecting the caution tape as the painter's work to complete the massive job while the weather cooperates.



One of the activities during this first week of school focused on the book, *Have you filled a Bucket today?* The theme of the book is on kindness, sharing, and thoughtfulness. All students and staff have worked on creating a bucket name tag and these will be adding colour to our front hallway. Have you filled a bucket today?

The students also participated in two DPA (Daily Physical Activity) sessions in the gym with Ms. Charles this week. We moved, sweated, and had a great deal of fun together. I was really impressed with the listening and the effort shown! We will keep this up over the school year - thanks students!



## BOOK FAIR

Please come and support our School in this years' SCHOLASTIC BOOK FAIR. It will be held in the library September 24, 25 and 29<sup>th</sup>. It will be open during recess breaks, after school as well as during the open house.

## WELCOME SLIPS

If your child comes in the school after the bell, please have them stop by the office for a WELCOME slip. We figure everyone knows that they are late, we are just happy you are here!